

CRABTREE VALLEY BAPTIST CHURCH



THE VALLEY ECHO

August 3, 2026

Please mail all correspondence to: P.O. Box 30954, Raleigh, NC 27622

Church Location: 4408 Lead Mine Rd Raleigh, NC 27612 Phone: (919) 781-5345

Email: cvbc@crabtreevalleybaptist.org Website: www.crabtreevalleybaptist.org

Church Office Hours: Mon, Wed, Thurs 9am-3pm (closed on Tuesday & Friday)



The next business meeting
and Crabtree Café will be
Sunday, August 16
following worship.

Picnic Style Menu:
Hot Dogs and fixins'
Slaw
Baked beans
Watermelon

The congregation is asked
to bring desserts.



A WORD FROM OUR PASTOR

Kate Bowler is one of my favorite writers. In a recent post she quotes Wendell Berry (another favorite) - "Be joyful though you have considered all the facts."

And then Bowler writes, "How might we loosen our grip on the painful stories that still grieve us?" And her answer - "...release them because you are tired of carrying them." The goal is modest and quite practical: to stop reflexively retelling the story every time their name comes up, to feel one degree less pain when their photo surfaces on your iPhone unbidden, or when someone mentions that they

are the absolute BEST person. It is not amnesia. It is as Anne Lamott put it, "giving up all hope of having had a different or better past."

So her prayer: *God, enormous source of eternal love, who knows our deepest hurts, we were really, really hoping this would be different than this. Frankly, we're not thrilled. But you offer us the ability to bless our own lives, to see them in all of their beauty, pain, and complexity. So give us a blessing to hand to (insert name), even if we don't necessarily feel it yet.*

God bless (person who deeply hurt us).

Give it a try.

Brave Journey,

Bill

Church Office Information:

Interim Pastor • Dr. Bill Slater

Music Director • Dr. Risa Poniros

Secretary • Anna Lockamy

Youth Director • Ashley Walker

Website updates/maintenance

webmaster@crabtreevalleybaptist.org



Weekly Church Calendar

EVERY SUNDAY

9:45am Sunday School

11:00am Worship Service

2:00-4:00pm Victory Community Church (Filipino)

EVERY WEDNESDAY

9:00am-12:00pm Hope Pantry is open

6:00pm Children and Youth Mission groups

6:30pm Bible Study and Prayer meeting

EVERY THURSDAY

7:30pm Gamblers Anonymous

SECOND & FOURTH TUESDAY

6:30pm Tarheel Toastmasters

MONTHLY

Young Hearts Fellowship



**Raleigh Baptist Association
Fall Senior Adult Rally
Tuesday, September 29, 2026**

*Please sign up in our lobby by September 6
if you'd like to attend.*

Host Church: Highland Baptist Church
8524 Crowder Rd. Raleigh, NC 27603

Time: Registration begins at 9:30am
Program begins at 10:00am and concludes with lunch

Cost: \$20.00 per person

(payable at the door or write a check to
Raleigh Baptist Association and mail in by 9/14 to
PO Box 46659 Raleigh, NC 27620)

Menu: Hamburger Steak with Gravy, Mashed Potatoes,
Green Beans, Carrots, Corn Muffins, and Dessert

Musical Worship: Rev. and Mrs. Allen Moody of
Wakefield Central Baptist Church

Devotional Message: Rev. Larry Stephens of Highland
Baptist Church

Entertainment: Generation Excellent is an evangelistic
choral and drama ministry passionately proclaiming the
name of Jesus Christ and the life-changing truth of His
Gospel. They craft and perform high-quality drama and
choral presentations that bring the Bible to life in an
intimate and personal way. Dramatic monologues and
choral music are presented with professional stage setups
to invite audiences into a worshipful experience. Their
intent is for God to use them to ignite a fire that will draw
the listener into a closer, more personal relationship with
Him.

Prayer Concerns:

HOME:

Frances Viano

David Viano

Jetta Lewis

Bobby & Faye Hayes

Mildred Way

REHAB & CARE FACILITIES:

Aladine Rogers

Anne Barden

Julia Chapman

OTHER:

Sonshine Person of the Week



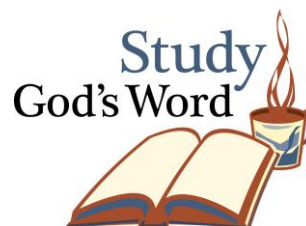
SHARE THE SONSHINE
Make a call, a visit, or send a card!

Person of the Week for August 2-8
Bobby and Faye Hayes

Properties for August: Randy Walker

VacATION
BIBLE SCHOOL

Final Day!
Wednesday, August 5
12:00pm – 3:00pm



Join us Wednesday nights at 6:30pm
as Pastor Bill continues a Bible study
looking at the book of Haggai.