

CRABTREE VALLEY BAPTIST CHURCH



THE VALLEY ECHO

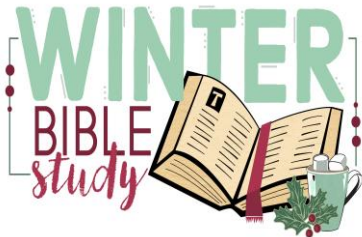
January 19, 2026

Please mail all correspondence to: P.O. Box 30954, Raleigh, NC 27622

Church location: 4408 Lead Mine Rd Raleigh, NC 27612 Phone: (919) 781-5345

Email: cvbc@crabtreevalleybaptist.org Website: www.crabtreevalleybaptist.org

Church Office hours: Monday-Wednesday 9am-3pm (closed on Thurs & Friday)



Wednesday nights at 6:30pm

Join us for a new six week series entitled "Flourishing in the Third Third of Your Life."

Church office information:
Interim Pastor • Dr. Bill Slater
Music Director • Dr. Risa Poniro
Secretary • Peggy Utley
Youth Director • Ashley Walker
Website updates/maintenance
webmaster@crabtreevalleybaptist.org

Be still,
and know
that I am
God.

Psalm 46:10



A WORD FROM OUR PASTOR

"Be still and know that I am God."
(Psalm 46:10)

That may be one of the greatest challenges in all of Scripture. How do you do with that?

It is maybe an especially timely question in the middle of winter when it is cold outside and getting out with others is less frequent.

I have heard it said that the reason it is so hard to be by yourself is that it means spending time with your least favorite person---YOU!! I hope that is not the case but surely there are many gifts that being still can offer.

Among them--time to rest, time to read Scripture or a good book, maybe chat with a friend from long ago, or cook a special meal. (Notice I didn't mention killing the hours watching TV or being glued to social media).

It all the more reminds us of how getting out on Wednesday night offers the opportunity of being connected to others, as does Sunday morning. God created us for community which is why being quiet and even more so alone, is such a challenge. But he also created in us a rhythm that invites us to withdraw and replenish as well.

So be still....and get in touch with knowing He is God. What a gift!

Brave Journey (and keep an eye on the weather report this weekend)
Bill



Weekly Church Calendar

EVERY SUNDAY

9:45am Sunday School
11:00am Worship Service
2:00-4:00pm Victory Community Church (Filipino)

EVERY WEDNESDAY

9:00am-12:00pm Hope Pantry is open
6:00pm Children and Youth Mission groups
6:30pm Bible Study and Prayer meeting

EVERY THURSDAY

7:30pm Gamblers Anonymous

SECOND & FOURTH TUESDAY

6:30pm Tarheel Toastmasters

MONTHLY

Young Hearts Fellowship



SHARE THE SONSHINE

Make a call, a visit or send a card!

Person of the Week for January 18-24

Sandi Robinson
1119 Salinas Valley Dr
Wake Forest, NC 27587

Properties for January: Ben Best



2025 Contribution statements are available for pickup in the church lobby. Any statements not picked up by Sunday, January 25 will be mailed out.

**REJOICE
ALWAYS,
PRAY
CONTINUALLY,
GIVE THANKS
IN ALL
CIRCUMSTANCES.**

1 Thessalonians 5:16-18, NIV

Prayer Concerns:

HOME:

Frances Viano
David Viano
Jean Glosson
Jetta Lewis
Bobby & Faye Hayes
Mildred Way

REHAB & CARE FACILITIES:

Aladine Rogers – Springmoor Rehab – Health Center
Anne Barden – Oak Hill Asst Living in Angier
Betsy Shaw – Group Home/Assisted Living
Julia Chapman - Hillcrest

OTHER:

Sonshine Person of the Week



Sermons Series

January 25

Thy Kingdom Come

February 1

Give Us This Day Our Daily Bread

February 8

Forgive Us Our Trespasses

February 15

Forgive Us Our Debts

February 22

For Thine Is the Kingdom



Inclement Weather Service Cancellations

To see if church services are cancelled, please watch WRAL or check their website for closings and cancellations. You may also receive a church-wide email from our tech team.