

# CRABTREE VALLEY BAPTIST CHURCH



## THE VALLEY ECHO

October 6, 2025

Please mail all correspondence to: P.O. Box 30954, Raleigh, NC 27622

Church location: 4408 Lead Mine Rd Raleigh, NC 27612 Phone: (919) 781-5345

Email: [cvbc@crabtreevalleybaptist.org](mailto:cvbc@crabtreevalleybaptist.org) Website: [www.crabtreevalleybaptist.org](http://www.crabtreevalleybaptist.org)

Church Office hours: Monday-Wednesday 9am-3pm (closed on Thurs & Friday)



**Wednesday Night Bible Study**  
**This Wednesday, October 8,**  
Kathy Slater will be sharing more about her trip to Uganda and Kenya.

**Next Wednesday, October 15,** we will begin our new study based on the book "Practicing the Way" by John Mark Comer. You are encouraged to buy it ahead of time.



**Operation Christmas Child**  
**Shoebox deadline Sun, Nov 16<sup>th</sup>.**

Boxes, labels and brochures with packing instructions are available for pickup in the lobby.

**\*\*Please note: They do not want soap included in the boxes this year.**



### A PLACE AT THE TABLE

#### A WORD FROM OUR PASTOR

*"This is my body given for you, do this in remembrance of me." (Luke 22:19)*

This coming Sunday we will be invited not to the CVBC table, certainly not to my table or yours, but to Christ's table as we share in the Lord's Supper. He invites us, all of us, deserving or not, it is a sign of grace.

The bread, representing Christ's broken body, the cup, representing his blood poured out for us, are more than mere symbols, they are reminders for us to come to on a regular basis that we never forget the sacrifice and love and lengths to which Jesus went in order to save us. We really should tremble and partake in awe. Do you know anyone else who died for you? And so we came to the table and are reminded, as the old hymn sings, "love so amazing, so divine, demands our soul, our life, our all."

One more reminder---Paul, teaching the early church, said that whenever you come to the table you should first examine yourself. I have often said I don't know precisely what Paul meant by that. Here is what I take it to mean for me--I must be honest about what I am filled with that is not of God so I can empty myself in confession of my sins so that I can be able to be filled with all that the Supper offers.

Less of me, more of Christ. Less of me, more of Christ.

So I come boldly to the table, having confessed my sins, to now be filled with that which ultimately satisfies---the presence of Christ.

I hope to see you around His table this Sunday.

Brave Journey,  
Bill

**Church office information:**  
**Interim Pastor • Dr. Bill Slater**  
**Music Director • Dr. Risa Poniros**  
**Secretary • Peggy Utley**  
**Youth Director • Ashley Walker**  
**Website updates/maintenance**  
[webmaster@crabtreevalleybaptist.org](mailto:webmaster@crabtreevalleybaptist.org)

**Weekly Church Calendar**

**EVERY SUNDAY**

9:45am Sunday School  
11:00am Worship Service  
2:00-4:00pm Victory Community Church (Filipino)

**EVERY WEDNESDAY**

9:00am-12:00pm Hope Pantry is open  
6:00pm Children and Youth Mission groups  
6:30pm Bible Study and Prayer meeting

**EVERY THURSDAY**

7:30pm Gamblers Anonymous

**SECOND & FOURTH TUESDAY**

6:30pm Tarheel Toastmasters

**MONTHLY**

Young Hearts Fellowship

**Prayer Concerns:**

**HOME:**

Jetta Lewis  
Bobby & Faye Hayes  
Frances Viano  
Sandi Robinson  
Mildred Way

**REHAB & CARE FACILITIES:**

Aladine Rogers – Springmoor Rehab – Health Center  
Anne Barden – Oak Hill Asst Living in Angier  
Catherine Mullins – Sunrise of Cary  
Betsy Shaw – Group Home/Assisted Living

**OTHER:**

Sonshine Person of the Week

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***SHARE THE SONSHINE***

***Make a call, a visit or send a card!***

**Person of the Week for October 5-11**

Jetta Lewis  
643 Oak Run Dr  
Raleigh, NC 27606

**Properties for October:** Whitt Stallings



**UPCOMING EVENTS**

**This Sunday, October 12**

Communion  
Deacon Nominations are due.  
Following worship: Business meeting  
and Crabtree Café  
*Menu: Chicken Pot Pie, Candied Yams,  
Fruit Salad & Assorted Desserts*

**Wednesday, Oct 15**

New Bible Study begins

**Sunday, October 19**

Following worship: Deacons meeting

**Wednesday, October 29**

Children's Fall Festival



There is a copy of the updated church directory in the lobby.  
Please check your name and information and initial if  
everything is ok. If not, please write in the correction.

