

# CRABTREE VALLEY BAPTIST CHURCH



## THE VALLEY ECHO

April 8, 2024

Please mail all correspondence to: P.O. Box 30954, Raleigh, NC 27622  
Church location: 4408 Lead Mine Rd Raleigh, NC 27612 Phone: (919) 781-5345  
Email: cvbc@crabtreevalleybaptist.org Website: www.crabtreevalleybaptist.org  
Church Office hours: Monday-Thursday 9am-3pm (closed on Friday)



### SECRETARY ON VACATION

**Tuesday, April 16 through  
Monday, April 29**

For these 2 weeks, the church will be closed during the day except for the Pantry days. On Wed, Apr 17 and Wed, Apr 24 someone will be here from 9am till noon. Please contact your deacon or our deacon chair, Barbara Best if you have a need. *There will not be a newsletter the week of April 22. I plan to be in the office Tuesday, April 30, and to send a newsletter that week.*

### PASTOR ON VACATION

Pastor Bill will be away the week of April 15-19. **There will not be Prayer meeting on Wed, April 17.**

TRUST  
*yourself*  
TO THE  
*Lord*  
WHO MADE YOU.

### A WORD FROM OUR PASTOR

What are the words I live by? Well, if you were standing in my kitchen you would see a "sign" on the wall over the stove that reads

**I am enough  
I have enough  
God is enough**

They serve as reminders of what I can base all of life upon. But let me ask you--can you say those words honestly? I don't know about you but the one I am acutely aware that I struggle with the most is the first one---I am enough. My years of training to be a Spiritual Director taught me that the number one obstacle to a full and healthy relationship with God is self-rejection. We are bombarded it seems almost from birth with messages that say you are not smart/pretty/successful, athletic, wealthy (fill in the blank) enough and it becomes not only our self image but often the way we think God views us as well.

May I gently remind you of the cross that Jesus died upon. If it is real, and I have bet my life on it, then think of what it means. It demonstrates for all times and all persons that we are loved so much that God would send his Son who then willingly died for each of us. In other words, you and I MATTER. Look in the mirror today and consider that someone died for you. YOU ARE ENOUGH so don't let the cross and its message be discounted.

So what words are the north star for my life----the word "enough" is so hard to trust. But that is the word for you today, I pray. All those other messages---those aren't God's voice, they are the world's voice, and only through prayer and trust and divine vision will your truest identity live in you. It takes courage. But they are the only words that are true.

Brave Journey,  
Bill

**Church office information:**  
**Interim Pastor • Dr. Bill Slater**  
**Music Director • Dr. Risa Poniros**  
**Secretary • Peggy Utley**  
**Youth Director • Anna Clark**  
**Website updates/maintenance**  
webmaster@crabtreevalleybaptist.org

## Weekly Church Calendar

### EACH SUNDAY

9:45am Sunday School  
11:00am Worship Service  
2:00-5:00pm Point Church (Filipino)

### EACH WEDNESDAY

9:00am-12:00pm Hope Pantry is open  
6:30pm Children and Youth Mission groups  
6:30pm Bible Study and Prayer meeting

### EACH THURSDAY

7:30pm Gamblers Anonymous

### SECOND & FOURTH TUESDAY

6:30pm Tarheel Toastmasters

### MONTHLY

Young Hearts Fellowship



### **SHARE THE SONSHINE**

*Share the Sonshine is an outreach ministry. We can all be a part of this ministry by praying for these individuals, sending cards, making phone calls or a visit.*

### Person of the Week for Apr 7-13

Mr. Charlie Capps  
3325 Ashby Place  
Raleigh, NC 27604

**Properties for March:** Whitt Stallings



**This Sunday, April 14**

### **Crabtree Café and Quarterly Business meeting.**

Menu: BBQ sandwiches (From Hollands BBQ);  
potatoes, slaw, dessert and drinks.

*Donations are welcome for the meal, will help offset the purchase of a new refrigerator.*

## Prayer Concerns:

### HOME:

Sandi Robinson  
Margaret Martinez  
Faye Hayes  
Frances Viano

### REHAB & CARE FACILITIES:

Anne Barden – Oak Hill Asst Living in Angier  
Catherine Mullins – Sunrise of Cary  
Betsy Shaw – Group Home/Assisted Living: Val's Place  
Peninah Brown – in Colorado

### OTHER:

Sonshine Person of the Week



## Fun for Seniors

**Raleigh Baptist Association**

**Spring Senior Adult Rally**

**Tuesday, April 23, 2024**

**Starts at 9:30am**

*There is more information and a signup sheet in the lobby.*

**Place:** Salem Baptist Church  
1821 N. Salem Street, Apex

**Cost:** \$15.00 per person, payable at the door  
(**registration deadline is Monday, April 15**)

**Menu:** Smoked Por BBQ, Boiled Red Potatoes,  
Green Beans, Corn Muffins, & Desserts



## **YOUNG HEARTS APRIL OUTING**

The Young Hearts group is open to members and non-members. This group meets monthly for lunch and other planned events.

**We will be meeting for lunch on Wednesday, April 24 at 11:00am** at the High Park Grill, located at 625 E Whitaker Mill Rd, Raleigh, NC 27608