

CRABTREE VALLEY BAPTIST CHURCH



THE VALLEY ECHO

November 13, 2023

Please mail all correspondence to: P.O. Box 30954, Raleigh, NC 27622

Church location: 4408 Lead Mine Rd Raleigh, NC 27612 Phone: (919) 781-5345

Email: cvbc@crabtreevalleybaptist.org Website: www.crabtreevalleybaptist.org

Church Office hours: Monday-Thursday 9am-3pm (closed on Friday)



**Thanksgiving Eve Service
on Wednesday, November 22nd,
at 6:30pm in the sanctuary.**

Everyone is welcome as we join our hearts and minds together to pause and give thanks to God for all His blessings.



**Operation Christmas Child
We collected 78 boxes!**

Thank you to all those who packed a shoebox, and to Whitt Stallings for delivering them to the drop off location.

Church office information:

Pastor • Dr. Bill Duke

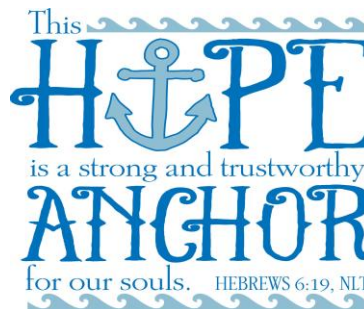
Music Director • Risa Poniros

Secretary • Peggy Utley

Youth Director • Anna Clark

Website updates/maintenance

webmaster@crabtreevalleybaptist.org



A WORD FROM YOUR PASTOR

Many years ago, I sat with a man in his hospital room. He was scheduled for triple bypass surgery the next day. He was young - in his early 40's - and appeared physically strong. He had a great family and a great job. Everything seemed to be going his way ... until the news came that something wasn't quite right with his heart.

As we talked that day in the hospital he said, "Pastor, I'm scared and uptight. I need to relax and get my mind thinking positively so I'll be ready for this surgery. Can you help me?"

I pulled out my New Testament from my coat pocket, turned to Philippians 4, and read the following words from verses 4-9 and 13 from that modern English translation:

Always be full of joy in the Lord; I say it again, rejoice! Let everyone see that you are unselfish and considerate in all you do. Remember that the Lord is coming soon. Don't worry about anything; instead, pray about everything; tell God your needs, and don't forget to thank him for his answers. If you do this you will experience God's peace, which is far more wonderful than the human mind can understand. His peace will keep your thoughts and your hearts quiet and at rest as you trust in Christ Jesus.

And now, brothers, as I close this letter let me say this one more thing: Fix your thoughts on what is true and good and right. Think about things that are pure and lovely, and dwell on the fine, good things in others. Think about all you can praise God for and be glad about. Keep putting into practice all you learned from me and saw me doing, and the God of peace will be with you. ... for I can do everything God asks me to with the help of Christ who gives me strength and power.

Then I handed the New Testament to him and said, "Over the next 24 hours I want you to read those verses often. Meditate on them. Think about what Paul is saying there. Let those words move you to the point where you can focus on the positive. Pray and ask God to help you get your mind ready to not only face this surgery but also recuperate from it. If you do this, you will be able to relax and face this surgery in the right frame of mind. God will help you."

After praying together, I left the New Testament with him and went on about the rest of the day's ministry. Sometime later after his surgery, I visited him. He returned the New Testament to me with a smile and said, "I did as you suggested. It made all the difference in the world. I was able to relax and get my mind focused on positive thoughts. Thank you."

When you are going through a crisis and your stress level is rapidly increasing, what passage of scripture do you turn to? I have found the words in Philippians 4:4-9, 13 to be of great comfort and strength. I encourage you to meditate on them regularly and even memorize those words!

Blessings, Bill Duke

Weekly Church Calendar

EACH SUNDAY

9:45am Sunday School
11:00am Worship Service
2:00-5:00pm Point Church (Filipino)

EACH WEDNESDAY

9:00am-12:00pm Hope Pantry is open
6:30pm Children and Youth Mission groups
6:30pm Bible Study and Prayer meeting

EACH THURSDAY

7:30pm Gamblers Anonymous

SECOND & FOURTH TUESDAY

6:30pm Tarheel Toastmasters

MONTHLY

Young Hearts Fellowship



SHARE THE SONSHINE

Share the Sonshine is an outreach ministry. We can all be a part of this ministry by praying for these individuals, sending cards, making phone calls or a visit.

Person of the Week for Nov 12-18

Anne Barden – Room 106
Oak Hill Assist. Living
9767 NC 210 North
Angier, NC 27501

Properties for November: Darrell Jenkins



**The church office will be closed
Thursday, Nov 23 and Friday, Nov 24
for Thanksgiving.**



On Sunday we welcomed David Viano as a member of Crabtree Valley Baptist Church. We are delighted he has chosen to be a part of our church family and ministry.

Prayer Concerns:

HOME:

Freda Poniros
Jim Weaver
Margaret Martinez
Faye Hayes (on-going health concerns)
Frances Viano
Walt Switzer

REHAB & CARE FACILITIES:

Anne Barden – Oak Hill Asst Living in Angier
Catherine Mullins – Sunrise of Cary
Betsy Shaw – Group Home/Assisted Living: Val's Place

HOSPITAL:

Sandi Robinson – (mild stroke) Wake Med North
Charles Allard – heart cath on Tues, 11/15

OTHER:

Sonshine Person of the Week



UPCOMING SERVICES

November 19

“Thankful for God’s Goodness” -- Psalm 100

November 22 – 6:30 pm – Thanksgiving Eve Service

“Living Gratefully” – I Thessalonians 5:16-18

November 26

“Thankful for the Grace of God”
II Corinthians 12:7-10



RETIRING ... AGAIN

Dear friends,

I want to return to full-time retirement. So, I will be concluding my ministry as Interim Pastor at our church at the end of November. I am confident God has just the right person in mind to serve as your next minister. It has been a joy for Carol and me to be a part of this wonderful congregation. It has been a pleasure to serve you.

Blessings, Bill Duke