

# CRABTREE VALLEY BAPTIST CHURCH



## THE VALLEY ECHO

May 8, 2023

Please mail all correspondence to: P.O. Box 30954, Raleigh, NC 27622

Church location: 4408 Lead Mine Rd Raleigh, NC 27612 Phone: (919) 781-5345

Email: [cvbc@crabtreevalleybaptist.org](mailto:cvbc@crabtreevalleybaptist.org) Website: [www.crabtreevalleybaptist.org](http://www.crabtreevalleybaptist.org)

Church Office hours: Monday-Thursday 9am-3pm (closed on Friday)



## Happy Mother's Day

Sunday, May 14



**Vacation Bible School**  
**Wednesday evenings**  
**from 5:30-8pm**

Meeting each Wed for 5 weeks.  
*June 21 thru July 19*

### Church office information:

**Music Director** • Risa Poniros

**Secretary** • Peggy Utley

**Youth Director** • Anna Clark

**Website updates/maintenance**

[webmaster@crabtreevalleybaptist.org](mailto:webmaster@crabtreevalleybaptist.org)



### Thought for the Week

On Sunday morning we looked at what the Apostle Paul had to say to the young church in Corinth about God working in our weakness. We are most comfortable talking about our strengths, our gifts, and our talents. We can imagine God at work in the best of who we are. It is harder to imagine that God is often best on display when working in our weaknesses.

We often try to hide our weaknesses. We try to compensate – even over compensate – for our perceived weaknesses. But Paul wanted to the church to understand that their pride they claimed in their spiritual gifts, influence, and affluence were of value, but that he had learned that God was best on display when God was at work in, and through, their weaknesses. God's grace was sufficient to meet them in their places of pain. Paul brought a personal word of witness of a place of struggle that he had plead with God to remove from him. Instead, though the place of struggle remained, God's work in Paul's life was clear. Paul's word is a good word for us as well. Where are the places of pain, struggle, brokenness, and vulnerability in our lives that we need to turn over to God? What are the weaknesses where God is ready to be at work in your life? And in mine?

This Sunday we look at another place where God is ready to be at work in our lives. The sermon is titled, "Pour Out Your Heart" from **Psalm 62**. I think a lot of us can imagine pour out our hearts to a close friend. We believe that the love and care for us enough to hears the cry of the depths of our heart. But, I am not sure we fully understand and embrace what it can mean to pour our heart out to God. Some many of us have been taught structured prayers with a religious sounding vocabulary. We are tempted to hurry into prayer and back out of it because the language we have learned somehow feels unnatural to us.

We have also heard people speak in admiration of those that pray "beautiful" prayers. Our prayers can sound and feel so pedestrian. So, we offer our prayers in quiet whispers, hoping that no one else can hear us. But, as the Psalmist helps us see that what God desires from us is for us to come, bringing the depth and breadth of the cry of our heart. The Psalmist imagines conversations with God that are so deep and so pure that the words we claim emerge from the core of who we are. This kind of conversation with God is more focused on its honesty and sincerity than it is its vocabulary. If we believe that our closest friend would care about the cry of our heart, how much more would God invite us to pour out our heart to Him?

I look forward to our time together on Sunday.

Grace and Peace, Tom

## Weekly Church Calendar

### **EACH SUNDAY**

9:45am Sunday School  
11:00am Worship Service  
2:00-5:00pm Point Church (Filipino)

### **EACH WEDNESDAY**

9:00am-12:00pm Hope Pantry is open  
6:30pm Children and Youth Mission groups  
6:30pm Bible study & Prayer meeting

### **EACH THURSDAY**

7:30pm Gamblers Anonymous

### **SECOND & FOURTH TUESDAY**

6:30pm Tarheel Toastmasters

### **MONTHLY**

Young Hearts Fellowship



### **Person of the Week for May 7-13**

Mr. Charlie Capps  
3325 Ashby Place  
Raleigh, NC 27604

**Deacon for this week:** 5/7 Iva Snyder  
**Deacon for next week:** 5/14 Gene Sherwood

**Properties for May:** Darrell Jenkins



**Thursday, May 18**

**\*\*\*\*CHANGE OF PLANS \*\*\*\***

***Same date, different time and location.***

The Young Hearts are going to Hudson Bay Seafood in Fayetteville for lunch, with a tour the Cape Fear Botanical Gardens afterwards. Charlie will drive the church van and it will leave CVBC at 9:30am. There is a signup sheet in the lobby. Meet at the restaurant at 11am if you plan to drive yourself.

## Prayer Concerns:

### **HOME**

Frances Viano  
Sandi Robinson  
Walt Switzer  
Jane Williams  
Jetta Lewis

### **REHAB & CARE FACILITIES:**

Anne Barden – Oak Hill Asst Living in Angier  
Catherine Mullins – Sunrise of Cary  
Betsy Shaw – Group Home/Assisted Living: Val's Place

### **OTHER:**

Sonshine Person of the Week  
The Price family – Missionaries



### **HYGIENE KITS FOR DISASTER RELIEF**

**Our goal is 200 kits.**

We are collecting Hygiene kits for Church World Services again this year. There is a detailed list available in the lobby.

You may prepare as many hygiene kits as you desire. Iva Snyder will again prepare bags for those that prefer to make a donation. The cost is \$10 for each kit. You can pay with cash or check payable to CVBC by May 22. *All kits are due at the church by Sunday, May 28 for delivery June 1-8.*



### **Graduate Recognition**

We will be having a Graduate Recognition during one of our morning worship services in June, (date to be determined) for Carolina and Jimmy Harris.

We would like to honor our grads with a small gift, or gift card and/or cards of encouragement for their accomplishments and future goals. A gift basket will be in the lobby to collect these items. Please write their name on the outside of the gift or card.