

Please mail all correspondence to:P.O. Box 30954, Raleigh, NC 27622Church location: 4408 Lead Mine Rd Raleigh, NC 27612Phone: (919) 781-5345Email: cvbc@crabtreevalleybaptist.orgWebsite: www.crabtreevalleybaptist.orgChurch Office hours: Monday-Thursday 9am-3pm (closed on Friday)

## PASTORS

Pastor Johnny's office hours this week will be Saturday, Aug 13, 9:00am till noon. If you need to speak with him, he is available by phone at 919-691-1701. You can also meet with him after Wednesday evening Bible study if needed.



The office will be closed Thursday, August 11 through Monday, August 15.

## --- STAYING---CONNECTED

If you're unable to attend our Worship services, you can watch the weekly Virtual Worship Service on Sundays at 11am. https://www.crabtreevalleybaptist.org

Church office information: Interim Pastor • Rev. Johnny Richards Music Director • Risa Poniros Secretary • Peggy Utley Youth Director • Anna Clark Website updates/maintenance webmaster@crabtreevalleybaptist.org



## From the Pastor's Heart...

The letter we focus on this week is the letter J. The letter J stands for joy. If we are going to grow in our relationship with God we have to make sure we focus on the joy that we can find in that relationship. So, how do we find joy in a society that is struggling so much?

I think the first thing we have to do is

understand joy and happiness are not the same. As I have talked about many times before, happiness depends upon the situation, or situations, that are taking place around us and in our lives. Sometimes the situations we find ourselves in do not bring about an honestly happy feeling. For example, it's hard to be happy when someone gives you bad news. It's hard to be happy when finances are too small and bills become too big. It's hard to be happy when you lose a loved one. On and on we can go to see that there are just some circumstances where being happy is just not possible.

Joy, on the other hand, doesn't depend upon the situations around us. Joy depends upon our relationship with God. Joy is about understanding that no matter what events are taking place around us, God is always with us and will take care of us. Nehemiah 8:10 says, "*the joy of the Lord is my strength*." It is that understanding that gives us joy in our hearts. As the verse says, the joy of the Lord is our strength. If we want to be strong in our relationship with God we need to make sure we focus upon the joy that we find in being one of his children. You probably remember the old song some of us used to sing as children that simply says "I've got the joy, joy, joy, joy down in my heart." While this may be a very simple song, it carries with it a very big message. The message is we need to have the joy of the Lord in our hearts in order to live in our relationship with God so we can have the strength we need to live each day. It is that joy of the Lord that gives us the strength.

So how do we do this? The way we do this is to focus upon the blessings of God instead of focusing upon the things we find negative. For example, while it may be very hot outside, at least we have the sunshine. While the weather may be dry, we have the hope of rain. While we go through the summer, we have the promise of a cooler season ahead. While this day may not bring the happiest events we would like, it is another day God has given to us. That's how we focus on the joy of the Lord instead of the things we wish were better. The joy of the Lord. It is definitely our strength. Until next week...

Peace and Blessings.. Johnny Weekly Church Calendar EACH SUNDAY 9:45am Sunday School 11:00am Worship Service 2:00-5:00pm Point Church (Filipino) EACH WEDNESDAY 9:00am-12:00pm Hope Pantry is open 6:30pm Children and Youth Mission groups 6:30pm Bible study & Prayer meeting 6:30pm Point Church (Filipino) EACH THURSDAY 7:30pm Gamblers Anonymous SECOND & FOURTH TUESDAY 6:30pm Tarheel Toastmasters



Person of the Week for August 7-13

Betsy Shaw - Room 219 Sunrise of Raleigh 4801 Edwards Mill Rd. Raleigh, NC 27612

**Deacon of the week:** 8/7 Gene Sherwood **Deacon of the week:** 8/14 Ben Best

Properties for August: Randy Walker



The Young Hearts are going to lunch this Friday, August 12 to McLeans Ole Time Café in Zebulon. There is a sign-up sheet on the table in the narthex. If you would like to ride the van, meet at the church at 10:45am. If you're meeting at the restaurant, the reservation is for 11:30am.

## **Prayer Concerns:** HOME

Frances Viano Darrell Jenkins Jean Glosson Sandi Robinson Walt Switzer Jane Williams Jetta Lewis Marci Phelps – (friend of Jean Glosson) **REHAB & CARE FACILITIES:** 

Anne Barden – Oak Hill Asst Living in Angier Anne Jenkins – Morningside on Dixie Trail Betsy Shaw – Sunrise of Raleigh on Edwards Mill Rd. Catherine Mullins – Sunrise of Cary **OTHER:** 

Sonshine Person of the Week The Price family – Missionaries in Wales



August 14: Obstacles to the Work of the Holy Spirit

(Acts 2:1-13)

August 21: Making the Good, Better (Ephesians 3:14-21)

August 28: Seeing with Our Hearts (Ephesians 1:15-23)

