

Please mail all correspondence to: P.O. Box 30954, Raleigh, NC 27622 Church location: 4408 Lead Mine Rd Raleigh, NC 27612 Phone: (919) 781-5345 Email: cvbc@crabtreevalleybaptist.org Church Office hours: Monday-Thursday 9am-3pm (closed on Friday)



THOUGHT FOR THE WEEK

It's just a small 4x6 foot space in the corner of a larger room in our home in what some would call a "sun room". It is adorned with Gloria's beautiful orchids, a book case, a shelf holding our college diplomas, a panoramic picture of Rio de Janeiro, Brazil with its beautiful Guanabara Bay, and magnificent mountains with the Famous Statue of Christ at the top of Corcovado and Sugar Loaf Mountain. There is a shelf from wall to wall in the room with various mementos reminding us of places we hold dear in our hearts. The other portion of the room is Gloria's space.

My little space is my "in home" sanctuary. It is the altar where I spend time with God, study His Word, pray, prepare sermons, write articles, read books and do research on my computer. It is a comfortable place, peaceful and inviting. It is a place of calm that refreshes my soul, gives me perspective, and makes my day.

The Psalmist said, "He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty." (Psalm 91:1). We all need a sanctuary, a secret place, a shelter, an altar, a place of calm and peace where we can be alone with God.

Just as our bodies need food, we need quality time with God to feed our souls. Hopefully you have a "quiet place," "a sanctuary" in your home, where you are able to be alone with God. If not, now is a great time to find a dedicated place where you can refresh your soul. Jesus made it a point to retreat to a quiet place to commune with His Father. We all need the discipline in our lives to find a place free from distraction, a time for prayer, meditation and thanksgiving - alone with God.

In His Love, Charles

Church office information:

Pastor • Charles Allard Office: 919-781-5345 Home: 919-606-8360 Music Director • Risa Poniros Office: 919-781-5345 Secretary • Peggy Utley Office: 919-781-5345 cvbc@crabtreevalleybaptist.org Website updates/maintenance webmaster@crabtreevalleybaptist.org



SHARE THE SONSHINE Week of May 24-30 Anne Jenkins Morningside on Dixie Trail Room 132 801 Dixie Trail Raleigh, NC 27607

Share the Sonshine is an outreach ministry. We can all be a part of this ministry by praying for these individuals, sending cards, making phone calls or a visit.



Access to the lower parking area is still blocked off until the cable can be installed underground. **Please do not attempt to drive across the cable as it will be severely damaged.**



Guatemala Mission Opportunity

I have spoken recently during a few of the recorded church services about Guatemala and about the impact of the COVID-19 crisis there. It continues to get more desperate. GRACE ministries is now feeding over 500 people per week, more than double the number of students they were feeding at school. As food gets scarce and prices rise, they are asking for help to continue this ministry. If anyone is interested in helping, you can send a check to the church, made out to CVBC and we will send one check to GRACE ministries. This collection will be ongoing until the COVID crisis gets better.

From Deidre Taylor, director GRACE ministries, "When we moved here 3 years ago our prayer was simple– "Whatever, Whenever, Wherever". We simply asked God to use us to meet the physical and spiritual needs of the people in Guatemala. At this moment, the need is food and it is only becoming greater... We have walked into the homes and the only food is the bag of food provided by our ministry... We are praying the bags of food are used to plant seeds for salvation through Christ."

Thank you, Cheryl Walker



This is the time of year when the Nominating Committee begins its preparations for the new church year beginning September 1. Our goal is to make sure that all of our leadership positions are filled for the coming year so that our church can run smoothly and effectively as we go forward.

Once again, we are asking each person who is currently holding positions in our church to continue those job duties for another year if at all possible. If you feel that you cannot commit to another year in one or more of your current positions, please inform a member of the Nominating Committee (Sue Edwards 919-345-5981, Faye Hayes 919-782-1349, or Betty Perry 919-781-1219) so that we can search for a replacement. If we have not heard from you within two weeks of the date of this newsletter, we will assume that you agree to remain in your present positions for the coming church year.

We also have a few vacant positions that need to be filled, and some of you may receive a phone call regarding one of those. If so, we hope that you will be open to this request and will give it your prayerful consideration.

We are very blessed to have so many members who recognize the needs of their church and are so willing to give of their time and energy to fulfill those needs. The Nominating Committee is exceedingly grateful for all of you who serve so diligently, and you have our sincere thanks!

Sue, Faye & Betty

