# CRABTREE VALLEY BAPTIST CHURCH



March 23, 2020

Please mail all correspondence to: P.O. Box 30954, Raleigh, NC 27622

Church location: 4408 Lead Mine Rd Raleigh, NC 27612 Phone: (919) 781-5345 Email: cvbc@crabtreevalleybaptist.org Website: www.crabtreevalleybaptist.org Church Office hours: Monday-Thursday 9am-3pm (closed on Friday)



#### THOUGHT FOR THE WEEK

With the health challenge our world is facing, we are learning a whole new vocabulary. Remember when the transistor was invented and revolutionized the electronic industry. No longer were bulky vacuum tubes needed for a radio to function. We learned the magic word "transistor". The creation of NASA and our entrance into the space age issued in a whole new vocabulary for the world. And how about the arrival of the computer? We learned about mega bites, hard drive, software,

etc . The Ipad and smart phone again gave us words that we had never known before. Now, it's the world changing coronavirus or Covid-19 and words like "shelter in," "social distancing," "self-quarantine," "PUI (Persons Under Investigation)," virtual worship, etc.

It is not only a new vocabulary we are learning, it is a complete change of life-style. But you know what? We can do it! We can take the necessary steps to stop this virus. We can love each other so much that we refuse to do anything that puts our family or fellowman in jeopardy. We can listen to the health professionals who are risking their lives for us and minimize our risk to them. If the doctors and nurses get sick and the hospitals are flooded beyond capacity what's going to happen to the greater population?

From that perspective, "social distancing," "shelter in," and "virtual worship" become valuable words, comforting assurance, a security blanket, a safe feeling and a road to stopping the deadly spread of Covid-19.

Being home is not such a bad thing if we accept the challenge of doing constructive things. I've started calling on Alexa to play hymns for me as I do my morning devotions. I've learned that you can say the Lord's Prayer while washing your hands instead of singing Happy Birthday and making yourself feel older. My Bible reading, Bible Study has become more enjoyable because I can give it more time without feeling rushed to go somewhere or do something. Being home is a good time to put all those family pictures in order that you have put of for a rainy day or snow day. And then there are closets and dresser drawers that need to be cleaned out and a house to be cleaned. There are cards to write, telephone calls to make and words of encouragement to share with others. Social distancing does not mean the end to socializing when you have a phone, text and email. Try "Face Timing" with your family, especially your Grandchildren" and friends because it makes you feel closer together. Put picture puzzles together, do word puzzles, read good books, sew, cook and clean out your freezer, clean out the flower bed, garage, etc. Take a long walk in the fresh air and trying praying as you walk – but with your eyes open, of course! Take a ride in your car to change the scenery. Listen to the Health Professionals, Watch less news, catch up on those great movies you have been wanting to see. Get some extra rest that your body has been craving.

Count your blessings. Praise the Lord. Pray frequently. Think positive thoughts. Sing Songs and hymns and if you can't sing, hum. Reflect on all the good things God has done in your life. "May the Lord, the Maker of heaven and earth, bless you from Zion" (Psalm 134:3).

In His Love, Charles

#### **Church office information:**

Website updates/maintenance webmaster@crabtreevalleybaptist.org

### **Calendar of Events:**

Wednesdays – Hope Pantry operating normal hours. Sunday, April 12 ~ Easter

11:00am Worship service (tentative)

The Easter Sunrise Service at Raleigh Memorial Park has been cancelled.



#### April 7

Brian Walker 3020 Whitehart Lane Raleigh, NC 27606

#### April 24

Gregg Small - Apt 226 Atria Oakridge 10820 Sandy Oak Lane Raleigh, NC 27614

#### April 27

Betty Perry 3000 Plaza Pl Raleigh, NC 27612



## Week of March 22-28 Mary Cain Week of March 29 – April 4 Louise Shore

Share the Sonshine is an outreach ministry. We can all be a part of this ministry by praying for these individuals, sending cards, making phone calls or a visit.



It has been a blessing to have Dick and Linda Kunkel in our church over the past year. We are sad to announce that they will be moving back to West Virginia on Thursday, March 26. At the same time, we support their move to return to their home State. Linda and Dick have been faithful attenders and active recruiters for CVBC. We appreciate all that they have meant to our congregation and wish them the very best. They have shared their contact information and a desire for us to keep in touch. Please contact the church by phone or email to get this information.



#### HYGINE KIT MINISTRY ON HOLD

We were ready to make the announcement that we were going to help the Church World Services organization to prepare hygiene kits for disaster relief during the month of April as we have done in the past. After talking with CWS Coordinator, David Mallory on Friday, March 20, we learned that the project has been put on hold until further notice. We are disappointed, of course, but under the circumstances we would not have been able to participate. We'll let you know when the project resumes.

# WORSHIP SERVICE AUDIO & VIDEO AVAILABLE ON OUR WEBSITE

Starting Sunday, March 29, our virtual worship via internet will be available at 11:00am when we are accustomed to worshipping together in our sanctuary. We can worship together in spirit if we all make the effort to view the video at the same time. Pastor Charles, Music Director Risa, Pianist Cheryl and Audio/Video Tech Yilong will be recording the service each Thursday night to give time to prepare it for viewing on Sunday. Once it is "ONLINE" it can be viewed anywhere, anytime by anyone who has access to the internet. Spread the word! Every effort is being made to provide a CVBC weekly worship experience to encourage you in these times. The video and audio can be found on our website at <a href="https://www.crabtreevalleybaptist.org/sermons/">https://www.crabtreevalleybaptist.org/sermons/</a>. Past sermons and choir specials can be viewed here as well.

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#### REMEMBER YOUR TITHES AND OFFERINGS

In this time of separation, your contributions are critical to our church ministry. To date we have received \$3,229.00 since the last time we met. Expenses of the church continue even when we do not meet. Measures are being taken to cut expenses in our building by shutting down heat and air conditioning in unused areas. The Church Office will continue to be open as usual, 9am – 3pm Monday – Thursday. Hope Pantry will be open each Wednesday, 9am – Noon. Please remember to bring your tithes and offerings to the church office Monday – Thursday, 9am – 3pm or mail them to CVBC, PO Box 30954, Raleigh, NC 27622. WE DO NOT HAVE A MAILBOX AT THE CHURCH BUILDING.

## PRAYER REQUESTS

While we are unable to meet weekly for Wednesday Night Prayer and Bible study, please keep in touch with Pastor Charles and/or your Deacon about any concerns you may have. If you want to be added to the prayer list, you may call or email the church office directly.