

Please mail all correspondence to: P.O. Box 30954, Raleigh, NC 27622 Church location: 4408 Lead Mine Rd Raleigh, NC 27612 Phone: (919) 781-5345 Email: cvbc@crabtreevalleybaptist.org Church Office hours: Monday-Thursday 9am-3pm (closed on Friday)

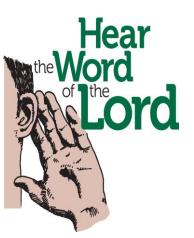
Spring Senior Adult Rally sponsored by the Raleigh Baptist Association Tuesday, Mar 24

This event will be held at Salem Baptist Church in Apex. Cost is \$15pp, which includes your meal and entertainment. **Menu:** Beef Tips and Rice, Green Peas, Yams, Corn Muffins, Desserts and Tea.

Entertainment: *The Presbyterian Home Band* A 40-member group that play instruments made from everyday household items; sink stoppers, trowels, bottles, and many other things. *Pepper Choplin* is well-known as a composer, conductor and humorist. His published work includes over 300 anthems for church and school choir, 20 church cantatas and two books of piano arrangements.

Register by: Tuesday, March 10 by signing up in the narthex. We will meet at the church and carpool to this event. Program begins at 9:30 and ends with lunch. Cost is \$15pp, payable at the door.

Church office information: Pastor • Charles Allard Office: 919-781-5345 Home: 919-606-8360 Music Director • Risa Poniros Office: 919-781-5345 Secretary • Peggy Utley Office: 919-781-5345 cvbc@crabtreevalleybaptist.org Website updates/maintenance webmaster@crabtreevalleybaptist.org



THOUGHT FOR THE WEEK

Gloria and I were watching a news broadcast recently when she asked me, "Did you hear that?" It just so happened that I was looking up something on my iPhone at the moment and I responded, "no, what did he say?" I heard the voice of the news anchor but because I was distracted by my own research, I did not know what was being said. In other words, I heard but I was not listening.

How many times do we hear without listening? It doesn't just happen in the privacy of our homes. It happens in church, in a Sunday School Class or during worship when the sermon is being preached. It can happen in a theater, or classroom, or at a movie. Someone said, "Hearing tells you that the music is playing; listening tells you what the song is saying."

In numerous Bible passages we are admonished with the words, "He who has ears, let him hear." In other words don't just hear the sound of a voice but listen to what the voice is saying. In most Bible verses that urge us to pay attention to what is being said it is because there is a message from God that is important for us to receive, understanding and apply to our lives.

In the physical realm of life voice communication between individuals is a key element in our interaction with one another. But there are times when we hear the voice of another person but in reality we are not listening to what is being said. Teachers find this to be true when giving instructions in the class room. A student may hear the teacher give instructions but fail to listen, comprehend and put into action what the teacher is requesting in the assignment. Sometimes in our verbal communication with one another, we hear the sound of a voice trying to tell us something but we are so busy thinking of what we want to say next that we miss what is being said to us.

In the spiritual realm we are too often so busy trying to tell God what we want, when we want it and why we want it that we fail to be silent long enough to listen to what God is saying to us. Spiritual listening requires discipline, focus and desire to receive Gods message. Such discipline shows that we are teachable. Psalm 46:10 says, "Be still and know that I am God." Psalm 37:7 says, "Be still before the Lord and wait patiently for Him." Psalm 62:5 says, "For God alone, O my soul, wait in silence, for my hope is from Him."

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Weekly Church Calendar

EACH SUNDAY:
*9:45am Sunday School
*11:00am Worship Service
*Child care provided downstairs.
EACH TUESDAY:
6:30pm Triangle Toastmasters
EACH WEDNESDAY:
9:00am-12:00pm Hope Pantry is open
6:30pm Children and Youth Mission groups
6:30pm Bible study & Prayer
7:30pm Choir Practice
EACH THURSDAY:
8:00pm Gamblers Anonymous
MONTHLY: (4th Thursday of each month)
Young Hearts (Senior Adults)

Calendar of Events:

Sunday, March 8 Daylight Saving Time begins – Spring Forward! Tuesday, March 10 Deadline to signup for Senior Adult Rally Tuesday, March 24 Spring Senior Adult Rally at Salem Baptist Church



Sunday, March 8

Daylight Saving time begins Remember to move your clocks forward on Saturday night!

Attendance	3/1
Sunday School	23
Worship Attendance	52

Deacon for week:	3/8	Jean Glosson
Deacon for week:	3/15	Iva Snyder

Properties for March Gene Sherwood **Ushers for March**

Robert BestBobby HayesDarrell JenkinsWhitt Stallings



Week of March 1-7 Greg Small Week of March 8-14 Johnnie Grubbs

Share the Sonshine is an outreach ministry. We can all be a part of this ministry by praying for these individuals, sending cards, making phone calls or a visit.

PRAYER CONCERNS: HOME:

Frances Viano Charlie Capps Bobby and Faye Hayes Bonnie Wright Jetta Lewis **REHAB & CARE FACILITIES:**

Jean Greene – Snow Hill Asst. Living - Snow Hill, NC Mary Cain – 806 Springmoor Circle 27615 Johnnie Grubbs – Cambridge Hills of Pittsboro – Rm 208 Louise Shore – Spring Arbor of Cary Rm 115 1705 Kildaire Farm Rd Cary, NC 27511 Greg Small – Atria Oakridge Room 226 10820 Sandy Oak Lane Raleigh 27614 Anne Jenkins - Morningside of Raleigh Room 132

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There is wisdom in listening. The old saying is that God gave us two ears and one tongue so that we would listen twice as much as we talk. Unfortunately, it seems that most human beings have failed to notice how God created us.

Listening is a discipline. Listening requires that we focus attention on what is being said. When our mind and tongue are in full gear it dulls our hearing capacity. When we truly listen to what someone is telling us it means that we value them and what they are telling us.

Failure to listen God leads to a hardened heart, foolish decisions and failure. Luke 8:15 says, "The seed on good soil stands for those with a noble and good heart, who hear the word, retain it, and by persevering produce a crop." Our challenge is to not just hear but to listen so that we get the message and apply it to our lives. Discipline your natural and spiritual ears to listen and learn.

In His Love, Charles



Please join us for a new Wednesday Night Bible Study beginning March 4 through April 9. We will glean important lessons by looking at the broader picture of daily events that occurred Sunday through Friday and literally changed the world over 2000 years ago.