

Please mail all correspondence to:P.O. Box 30954, Raleigh, NC 27622Church location: 4408 Lead Mine Rd Raleigh, NC 27612Phone: (919) 781-5345Email: cvbc@crabtreevalleybaptist.orgWebsite: www.crabtreevalleybaptist.orgFacebook: Crabtree Valley Baptist ChurchTwitter: CrabtreeBaptist



### Received to date: \$155.00

Your gifts to the Mother's Day Offering assist patients in financial need at Wake Forest Baptist Health. Envelopes are available in the Narthex. This Sunday will be the last day to give to this offering.



The church office would like to collect 'Emergency Contact' information on all our members. We feel that it is important to have access to this type of information in case someone was to get hurt and need someone to come get them, had to be transported by EMS to the hospital, or worse, be unable to communicate with us as to whom to call if they were hurt or ill. These forms are on the lobby table, please fill it out and return to the office.





## THOUGHT FOR THE WEEK

Part of the ritual at our home each night is to plug in our ipads and telephones before going to bed. It is amazing how the battery power of these instruments of modern technology goes down to low levels by the end of the day. It is also amazing how much we use them and how dependent we have become on them.

As I plug in my gadgets for a recharge, I am reminded of how important it is for me to recharge my own energy with physical rest each night. And also how important it is for me to recharge my spiritual battery with prayer, Bible Study and Worship.

With heavy demands on all of us, a daily recharging, a daily refreshing is necessary for our spiritual lives. David, the King of Israel recognized his spiritual need for recharging when he said, "As a deer longs for streams of water, so I long for you, God" (Psalm 42:1).

A "longing for God" is a good indication that we have been born again. A desire to worship God, privately and corporately comes from a spiritual thirst that we both acknowledge and desire to satisfy.

Private, daily devotional and meditation time is as essential for our soul as eating 3 meals a day. Most of us do not neglect our daily physical need for food so why would we neglect our spiritual need for nourishment? Through private worship we feed our souls daily. Through public worship we join others of like faith to sing, pray and hear God's message. Such worship enhances our spiritual development. The Psalmist said, "I was glad when they said unto me, Let us go into the house of the Lord." (Psalm 122:1)

Commit yourself to daily prayer and meditation and do not forsake the assembling together for worship with fellow Christians. Without it, your spiritual battery will certainly run down.

In His Love, Charles

#### **Church office contact information:**

Pastor • Charles Allard Office: 919-781-5345 Home: 919-606-8360 *Office hours: Mon. 9am-12pm Mon. afternoon & Tues. by appointment* Secretary • Peggy Utley cvbc@crabtreevalleybaptist.org *Office hours: M-Th, 9-3pm* Music Director • April Brown music@crabtreevalleybaptist.org Youth Leader • Andrew McCullagh youth@crabtreevalleybaptist.org Website updates/maintenance webmaster@crabtreevalleybaptist.org

## Weekly Church Calendar

EACH SUNDAY \*9:45am Sunday School \*11:00am Worship Service \*Child care provided downstairs. 2:00-7:00pm Kenyan Fellowship EACH MONDAY: 9:00am-12:00pm Hope Pantry is open EACH TUESDAY: 6:00-8:00pm Kenyan Fellowship **EACH WEDNESDAY:** 9:00am-12:00pm Hope Pantry is open 6:30pm Children and Youth Mission groups 7:00pm Bible study & Prayer 8:00pm Choir Practice **EACH THURSDAY:** 8:00pm Gamblers Anonymous EACH FRIDAY: 7:00-10:30pm Kenyan Fellowship **MONTHLY:** (4<sup>th</sup> Thursday of each month) Young Hearts (Senior Adults)

-----Calendar of Events:

	Calcinuar of Events.
	Each Wednesday
	6:30pm Children and Youth Mission groups
j	7:00pm Bible study & Prayer
	8:00pm Choir Practice
1	Sunday, May 29
ĺ	5 <sup>th</sup> Sunday Benevolent offering
	Monday, May 30
	Office and Pantry closed for Memorial Day
1	Sunday, June 5
1	Graduate Recognition
	Sunday, June 12
	Called Business conference immediately following worship.
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Attendance	5/22
Sunday School	29
Visitors	1
Total	30
Worship Attendance:	51
Deacon for this week: Deacon for next week:	5/29 6/5
<b>Properties for June</b>	Usl

Jean Glosson Shirley Keener

**David Jenkins** 

**Ushers for June** Randy Walker Ben Best Shirley Keener Walt Switzer



Make a call, a visit or send a card! This week: May 22-28 Mary Cain Next week: May 29-June 4 Al Coley **Copies of the May-August list are** available on the lobby table.

#### **PRAYER CONCERNS:** HOME:

Christine & Haline Eller Sandi Robinson Greg Small Lee Snyder Ed & Cassie Glover Pam Bilbro

#### **REHAB & CARE FACILITIES:**

Al Coley – Sunrise at North Hills – Room 286 Wilton Harris - Heritage Woods Ret. Comm. - W-S Jean Greene - Snow Hill Asst. Living - Snow Hill, NC Mary Cain - PO Box 806 Springmoor Circle 27615 Healthcare center - room 220



### **CALLED BUSINESS MEETING** Sunday, June 12

Because we did not have a quorum at the May 22 Business Conference, there will be a called business meeting on Sunday, June 12, 2016 immediately following morning worship. This meeting is being held to consider proposals from the Properties Committee on remodeling the bathrooms and making upgrades to our church building. We will also be voting on sponsoring the Gamblers Anonymous group which has met in our church building for 26 years. This action is necessary to include them in our insurance policy without additional cost to them or to the church.



# **Young Hearts Outing** Thursday, June 9

The Young Hearts will be visiting the NC Museum of History to tour the special exhibit, "NC's Favorite Son, Billy Graham." Also on exhibit is a display of debutante and evening gowns made by local Raleigh resident, Willa Kay. Plan to meet at the church at 9:45 and we will carpool to the museum, we will view the exhibits and plan to eat lunch at the museum's restaurant "Pharoah's". Please sign up at church and indicate if you need a ride or are willing to drive. There are fliers in the lobby with more information about the exhibit.