

Please mail all correspondence to: P.O. Box 30954, Raleigh, NC 27622 Church location: 4408 Lead Mine Rd Raleigh, NC 27612 Phone: (919) 781-5345 Email: cvbc@crabtreevalleybaptist.org General Office hours: Monday-Thursday 9am-3pm (closed on Friday)



May 7 ~ Nehemiah 4:1-23 *Working Against All Odds*

May14 ~ John 19:26-27 Mother's Day Behold Your Mother

May 21 ~ Daniel 9:17-19 Prayer for the Church

May 28 ~ Acts 9:6 Have Thine Own Way Lord

June 4 ~ Ephesians 4:30-5:2 Don't Grieve the Holy Spirit

June 11 ~ Colossians 1:13-23 What Jesus Can Do for You

> June 18 ~ John 1:6-8 Father's Day A Man With a Mission

June 25 ~ Acts 3:12-19 Watchers, Walkers & Worshippers

Church office contact information:

Pastor • Charles Allard Office: 919-781-5345 Home: 919-606-8360 *Office hours: Mon. 9am-12pm* Secretary • Peggy Utley cvbc@crabtreevalleybaptist.org Hours: Mon-Th 9-3 Music Director • Risa Poniros Office: 919-781-5345 Youth Leader • Andrew McCullagh youth@crabtreevalleybaptist.org Website updates/maintenance

webmaster@crabtreevalleybaptist.org

A NEW START START

Thought for the Week

Putting off until tomorrow what you could do today has a name - PROCRASTINATION.

If it made the headlines of a newspaper it would be entitled "Satan's Number One Tool". Few people escape its temptations. If we confess, we have all fallen victims to procrastination. Once we have succumbed, we feel guilty, disappointed in ourselves and we usually resolve to do better next time. But next time comes and we repeat the

cycle. Gloria Pitzer confirms this truth in a little poem: Procrastination is my sin. It brings me naught but sorrow. I know that I should stop it. In fact, I will...tomorrow.

Proverbs 20:4 is a factual statement of how the procrastinator comes up empty: "The sluggard does not plow in the autumn; he will seek at harvest and have nothing. Proverbs 24:30-33 describes the consequences of a procrastinating farmer. His field grows up with thorns and supporting walls are broken down. Sleep and idleness result in poverty.

Procrastination is impartial to the slothful and the busy. While the slothful, lazy person may put off what should be done today, the busy often allow less important task to take priority over the urgent. While sleep can keep one from working, busyness can give full attention to the trivial and neglect the essential.

Pause for a moment and take inventory of your life. What is it that you are putting off that should be done today? Visiting a sick friend, giving encouragement to a neighbor, joining the choir, volunteering to serve on a committee, receiving Christ into your life, joining the church, attending Sunday School & Worship regularly, asking someone you have offended for forgiveness or forgiving someone who has offended you, reading your Bible, spending time in prayer, ____? The list goes on. You fill in the blank

Recognizing our tendency to procrastinate is the first step. The second step is a determination to do something about it. In Paul's letter to the Ephesians, the Apostle urges Christians to walk (live) wisely, "redeeming the time, because the days are evil." (Eph. 5:15-16) Redeeming the time is a matter of priorities. First giving our lives fully to Christ and second, asking the Holy Spirit to give us both a desire and an energy to be about our Heavenly Father's business. Living each day to please and honor God gives us reason to wake up each morning.

In His Love, Charles

Weekly Church Calendar

EACH SUNDAY *9:45am Sunday School *11:00am Worship Service *Child care provided downstairs. 2:00-7:00pm Kenyan Fellowship EACH WEDNESDAY: 9:00am-12:00pm Hope Pantry is open 6:30pm Children and Youth Mission groups 6:30pm Bible study & Prayer 7:30pm Choir Practice EACH THURSDAY: 8:00pm Gamblers Anonymous **MONTHLY: (4th Thursday of each month)** Young Hearts (Senior Adults)

Calendar of Events: Monday, May 8 7:00pm Deacons meeting Sunday, May 14 Mother's Day Monday, May 29 Memorial Day - office will be closed

Attendance	4/30
Sunday School	35
Visitors	
Total	35

Worship Attendance: 62

Deacon for this week: 5/7Larry Nunery **Deacon for next week:** 5/14 Ben Best

Properties for May

Darrell Jenkins

Ushers for May

Robert Best Whitt Stallings

Bobby Hayes Darrell Jenkins



Keeping in touch with those who are not able to attend church on a regular basis. Make a call, a visit or send a card. This week: April 30 – May 6 Lee & Iva Snyder Next week: May 7 – 13 Mary Cain May-August lists are available in the lobby.

PRAYER CONCERNS:

HOME:

Ed Sinnema Sandi Robinson Greg Small Eleanor Cromartie Lee Snyder Cassie Glover and family Pam Bilbro

REHAB & CARE FACILITIES:

Al Coley - Sunrise at North Hills - Room 286 Wilton Harris - Heritage Woods Ret. Comm. - W-S Jean Greene - Snow Hill Asst. Living - Snow Hill, NC Mary Cain - 806 Springmoor Circle 27615



Mother's Day ~ May 14



Annie Armstrong Easter Offering for North American Missions Our church goal: \$700.00 Total received: 578.00



Dear Church Family,

Ed loved his church and his church family. Words cannot express how thankful we are for your prayers, cards, visits and words of encouragement. Please continue to pray for us. We love and appreciate each one Love, Cassie Glover and family of you.